



CHOOSING THE RIGHT PLATFORM

In this digital health era, when considering a contactless remote patient monitoring (RPM) solution, health providers should ask the following key FDA-related questions and beyond:

Is the RPM Solution FDA Cleared?

FDA clearance is important for patient safety, regulatory compliance, credibility & trust, reimbursement, interoperability & integration, quality assurance, and finally, global impact.

What Vital Signs and Health Parameters Does It Monitor?

Does the RPM solution monitor a comprehensive range of vital signs and health parameters relevant to the patient's condition? Furthermore, is FDA clearance available for all vital signs monitored?

How Accurate and Reliable is the RPM Solution?

Not all technologies are similar in the quality of data they provide. When considering an RPM platform, it is worthwhile to compare evidence and validation studies demonstrating accuracy in measuring and transmitting patient data.

Is the RPM Solution User-Friendly for Both Patients and Healthcare Providers?

How easy is it to set up and navigate the RPM solution? At the end of the day, RPM is intended to optimize medical staff workload, and to improve patient outcome. If the technology is not easy to use, it will affect staff adoption and patient compliance and engagement.

What Measures Are in Place to Ensure Data Security and Privacy?

Data security is paramount, particularly when dealing with sensitive patient information. Ask about encryption protocols, data storage methods, and how patient privacy and compliance are ensured with healthcare regulations like HIPAA.

Does the RPM Solution Integrate with EHR Systems?

Check if the RPM solution can seamlessly integrate with the existing EHR system or other technologies used in the facility. An RPM system that can efficiently share patient data with the broader healthcare team can lead to better-coordinated care.

What Are the Future Development Plans for the RPM Solution?

Are system upgrades done remotely? Are new features added on the same platform or do they require the health provider to purchase new systems? These are important questions to ask as they can save money overall.

By asking these questions, health providers can make informed decisions and select an effective and reliable FDA cleared contactless RPM solution that meets the unique needs of their healthcare facility and improves patient care.